

life's happening  
right now. **for it.**  
be here **even**  
for it. **now.**  
**life's happening**

# mindful awareness for young adults virginia 2009–10

## 6 Day Teen Meditation Retreat

4 pm., Aug 9 – 2 pm., Aug 15, 2009  
Earthsong Organic Farm & Retreat  
Stuart, Virginia (near Roanoke)  
\$495 – \$355 | Ages 14 – 19

Teachers: Tempel Smith, Erin Hill & Spring Washam

## 6 Day Young Adults Retreat

4 pm., Aug 16 – 2 pm., Aug 22, 2009  
Earthsong Organic Farm & Retreat  
Stuart, Virginia (near Roanoke)  
\$495 – 355 | Ages 18 and up

Teachers: Tempel Smith, Erin Hill & Spring Washam

## 3 Day Teen Meditation Retreat

4 pm., Oct 9 – 2 pm., Oct 11, 2009  
Earthsong Organic Farm & Retreat  
Stuart, Virginia (near Roanoke)  
\$175 – \$115 | Ages 14 – 19

Teachers: Maury Cooke and Amy Predmore

## 5 Day Teen Meditation Retreat

4 pm. Dec 28 – 2 pm. Jan 2, 2010  
Camp Virginia Jaycee  
Blue Ridge, Virginia (near Roanoke)  
\$495 – \$355 | Ages 14 – 19

Teachers: Erin Hill, Pascal Auclair & Dori Langevin

## 6 Day Young Adults Retreat

4 pm Jan 3 – 2 pm Jan 9, 2010  
Camp Virginia Jaycee  
Blue Ridge, Virginia (near Roanoke)  
\$495 – \$355 | Ages 18 and up

Teachers: Erin Hill, Pascal Auclair & Joseph Klein

[mayaretreats.org](http://mayaretreats.org)

maya

all costs are sliding scale | financial assistance available