



The IMCW Meditation Practice Mentoring Program

Application to Provide Mentoring

Name:

Email:

Most Accessible Phone Number:

Street Address:

City/State/Zip:

1. Please explain why you are volunteering to become a mentor in The IMCW Meditation Practice Program. What draws you to this?
2. Please describe your current formal meditation practice, including the number of years of practice and the focus of your practice (e.g., Vipassana, Zen, Shambhala, other).
3. How would you describe your current level of practice (i.e., your understanding of the Buddhist teachings, your relative degree of success in practicing them in your everyday life, and what you have resolved to do (and how you have resolved to be) when you fall short of your practice goals)?
4. Please list the classes, Kalyana Mitta (KM) groups and/or affinity groups (e.g., People of Color, GLBTQ) that you attend regularly, including those not necessarily affiliated with IMCW.
5. Please list the daylong and/or residential retreats you have attended as far back as you can recall, including the dates and teachers.
6. Which teacher(s) have most influenced your practice and how?
7. How many students could your mentor, assuming approximately twice/month meetings? How long are you willing to commit to serving in the mentoring program? Do you prefer to meet in person or by telephone? How often would you be able to offer mentoring sessions (i.e., weekly, twice-a-month, monthly)?
8. In what ways do you anticipate that mentoring would be rewarding?
9. Are there any special qualities you seek in a mentee or any specific type of support you are offering? Are you interested in working with persons from specific backgrounds, groups or communities (e.g., women, men, people of color, GLBT, younger, older, et cetera)? If so, why?
10. Tell us about yourself briefly – your family life, interests, profession, education, what you are passionate about and anything else that would help us get to know you.

Please be sure you have completed the application fully. Then, by **September 30, 2008**, send it along with your IMCW Teacher Letter of Recommendation to: **IMCW, Attention: Trudy ann mitchell-gilkey, P.O. Box 212, Garrett Park, Maryland 20896~**

If your application is approved, IMCW will begin the process of matching you with potential students. If you are successfully matched with one or more students, you will receive a welcoming letter and will be instructed to sign up for the IMCW Meditation Practice Mentoring Training Day (to be announced). If you are not successfully matched with a mentee, you will be notified and, if desired, your name will be reserved for future meditation practice mentoring opportunities, which will become available approximately every 3 months~

The information you provide will help us identify an appropriate match for you. It will be protected and shared only with the IMCW leadership. IMCW aspires to match every interested mentee with a mentor. However, we are unable to guarantee our ability to match you successfully or to ensure the quality or the outcome of any successful matching. We thank you for your patience and understanding~