

Embodying the Bodhisattva Path in These Challenging Times June 2025

Guidance for Final Peer Group Meeting

Structure: Identify a facilitator. Time allotments are suggestions. Feel free to make adjustments.

Suggested Time	Topic	Notes
5	Meditation together (in silence)	Facilitator tracks time.
5	Review of the agenda	Facilitator walks through agenda. Group can suggest refinements/adjustments as needed.
3 mins/ person	Checking in. Each person shares: <ul style="list-style-type: none"> How is engagement in the bodhisattva path reverberating in my life and practice? 	
1	Pause to take in the group sharing.	
5 mins/ person	Group Sharing: <ul style="list-style-type: none"> What are my intentions on this Bodhisattva path moving forward? What are my commitments? How do I envision I will sustain my practice? How will I support myself in these? What will be supportive for my well-being? 	
5 mins/person	Group Sharing on the Bodhisattva Vow: <ul style="list-style-type: none"> Are you drawn to creating your own Bodhisattva vow? 	Facilitator Reads this Reflection: Are you drawn to creating your own Bodhisattva vow? Sit quietly for a time. Let your body and mind be at rest. Then, ask your heart, "If I were to make a vow, to set the compass of my heart, to

		<p>give voice to my highest intention, what would it be?" And then listen for an answer. It need not be a poem. It might be as simple as "I vow to protect those in danger" or "I vow to be kind." Your heart will instruct you.</p>
1-2	Closing Meditation	Facilitator